



Each county is located in the service area of one of the community mental health regions listed on the previous page. See below for the region that serves your county of residence.

## REGIONAL COMMUNITY MENTAL HEALTH CENTERS

### REGION 1

1742 Cheryl St.  
Clarksdale, MS 38614  
(662) 627-7267

### REGION 2

Communicare  
152 Highway 7, S  
Oxford, MS 38655  
(662) 234-7521

### REGION 3

LifeCore  
2434 S. Eason Blvd.  
Tupelo, MS 38804  
(662) 842-9217

### REGION 4

Timber Hills  
601 Foote St.  
Corinth, MS 38835  
(662) 286-9883

### REGION 6

Life Help  
2504 Old Browning Road  
Greenwood, MS 38935  
(662) 453-6211

### REGION 7

Community Counseling Services  
1032 Highway 50 W.  
West Point, MS 39773  
(662) 323-9261

### REGION 8

MHC  
613 Marquette Road  
Brandon, MS 39042  
(601) 824-0342

### REGION 9

Hinds Behavioral Health  
P.O. Box 7777  
Jackson, MS 39284  
(601) 321-2400

### REGION 10

Weems  
1415 College Road  
Meridian, MS 39307  
(601) 483-4821

### REGION 11

Southwest  
1701 White Street  
McComb, MS 39648  
(601) 684-2173

### REGION 12

Pine Belt  
103 S. 19th Ave.  
Hattiesburg, MS 39401  
(601) 864-2173

### REGION 13

Gulf Coast  
1600 Broad Ave.  
Gulfport, MS 39501  
(228) 497-0690

### REGION 14

Singing River  
3407 Shamrock Court  
Gautier, MS 39553  
(228) 497-0690

### REGION 15

Warren-Yazoo  
3444 Wisconsin Ave.  
Vicksburg, MS 39180  
(601) 638-0031

COUNTY	REGION	COUNTY	REGION
Adams	11	Leflore	6
Alcorn	4	Lincoln	8
Amite	11	Lowndes	7
Attala	6	Madison	8
Benton	3	Marion	12
Bolivar	6	Marshall	2
Calhoun	2	Monroe	3
Carroll	6	Montgomery	6
Chickasaw	3	Neshoba	10
Chocta	7	Newton	10
Claiborne	11	Noxubee	7
Clarke	10	Oktibbeha	7
Clay	7	Panola	2
Coahoma	1	Pearl River	13
Copiah	8	Perry	12
Covington	12	Pike	11
DeSoto	2	Pontotoc	3
Forrest	12	Prentiss	4
Franklin	11	Quitman	1
George	14	Rankin	8
Greene	12	Scott	10
Grenada	6	Sharkey	6
Hancock	13	Simpson	8
Harrison	13	Smith	10
Hinds	9	Stone	13
Holmes	6	Sunflower	6
Humphries	6	Tallahatchie	1
Issaquena	6	Tate	2
Itawamba	3	Tippah	4
Jackson	14	Tishomingo	4
Jasper	10	Tunica	1
Jefferson	11	Union	3
Jefferson Davis	12	Walthall	11
Jones	12	Warren	15
Kemper	10	Washington	6
Lafayette	2	Wayne	12
Lamar	12	Webster	7
Lauderdale	10	Wilkinson	11
Lawrence	11	Winston	7
Leake	10	Yalobusha	2
Lee	3	Yazoo	15



## STATE BEHAVIORAL HEALTH PROGRAMS

### MISSISSIPPI STATE HOSPITAL

P.O. Box 157-A • Whitfield, MS 39193  
(601) 351-8000  
[www.msh.state.ms.us](http://www.msh.state.ms.us)

### EAST MISSISSIPPI STATE HOSPITAL

PO Box 4128, West Station • Meridian, MS 39304  
(601) 482-6186  
[www.emsh.state.ms.us](http://www.emsh.state.ms.us)

### NORTH MISSISSIPPI STATE HOSPITAL

1937 Briar Ridge Road • Tupelo, MS 38804  
(662) 690-4200  
[www.nmsh.state.ms.us](http://www.nmsh.state.ms.us)

### SOUTH MISSISSIPPI STATE HOSPITAL

823 Highway 589 • Purvis, MS 39475  
(601) 794-0100  
[www.smsh.state.ms.us](http://www.smsh.state.ms.us)

### SPECIALIZED TREATMENT FACILITY

14426 James Bond Road • Gulfport, MS 39503  
(228) 328-6000  
[www.stf.state.ms.us](http://www.stf.state.ms.us)



# A Guide to Public Mental Health Resources







## What is MENTAL ILLNESS?

Mental illnesses are medical diseases that affect the brain causing abnormal changes in a person's thinking, feeling and behavior. Behavioral health program locations of the Mississippi State Department of Mental Health primarily treat serious mental illnesses such as schizophrenia, bipolar disorder and major depression.

## How DO I GET HELP?

Many mental illnesses can be successfully treated without an individual having to go to a hospital or behavioral health program. Some individuals may need hospitalization.

Contact your local community mental health center and staff will explain the treatment possibilities. An assessment will occur and determination will be made if mental health services would be helpful, such as medication, individual and/or family therapy, psychosocial rehabilitation services (therapeutic activities in a day program which can help individuals achieve/maintain as much independence in daily life as possible), residential services, and family or summer education. In some cases, you may need to access a Crisis Stabilization Unit through your local community mental health center for voluntary treatment. If necessary, staff may guide you or the person you are concerned about through the process for hospitalization. This process might include civil commitment to a state behavioral health program.

## What is THE ADMISSION PROCESS TO MISSISSIPPI'S BEHAVIORAL HEALTH PROGRAMS?

Admissions to Mississippi's behavioral health programs are handled through the civil commitment process, which begins by filing an affidavit at the Chancery Court. A pre-evaluation screening at the community mental health center is conducted and a commitment examination is performed by either two physicians or by a physician and a licensed, certified psychologist, physician assistant, or nurse practitioner. The judge will make a decision, based on their recommendation and the evidence presented, whether treatment is necessary in a state behavioral health program or an outpatient program. When an individual is committed to a state behavioral health program, the required legal documents are sent to that program's Admission Office by the Chancery Court. Admission is scheduled when a bed is available. The admission will involve a review of medical records, questions to obtain general information and an inventory of the individual personal possessions.

## What is THE TREATMENT PROGRAM?

Like many illnesses, treatment for mental illness typically consists of a combination of medication, education and therapeutic programming. When individuals are admitted to a state behavioral health program, they are oriented to their living environment by staff who review with them program schedules and activities, and individuals' rights and responsibilities. Initial assessments begin within a few hours of admission. The assessment is conducted by members of the treatment team, which consists of a doctor, nurses, psychology staff, recreation staff, and a social worker, among others. Based on these assessments, individuals receive a treatment plan within the first week to ten days. The treatment plan describes goals for an individual to accomplish and lists groups, activities and other forms of treatment prescribed by the treatment team. Treatment at the state behavioral health programs helps individuals to live as normal as possible upon discharge in the most independent setting appropriate. Once discharged from the state behavioral health program, most individuals continue treatment through various programs at their local community mental health center or other local programs.



## Yes, RECOVERY IS POSSIBLE!

Ask your friend or neighbor if they have been touched by substance abuse or mental illness in any way and the answer is almost always – 'yes.' Substance abuse and mental health issues are serious public health problems in Mississippi. In 2012, an estimated 199,000 Mississippians needed treatment services for alcohol and drug use and more than 165,000 needed treatment a mental health issue.

Recovery is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. Recovery is unique to each individual and can truly only be defined by the individual themselves. What might be recovery for one person may be only part of the process for another. Supports and services help people with mental illness and substance abuse issues in their recovery journeys.

We all possess the fundamental and inherent value to be accepted and treated with respect and worth. The Mississippi Department of Mental Health's goal is to support individuals in restoring, rebuilding and reclaiming control of their lives by increasing their resilience and focusing on their strengths.



**FOR ADDITIONAL INFORMATION**  
Mississippi Department of Mental Health  
1101 Robert E. Lee Building • 239 N. Lamar Street • Jackson, MS 39201

601.359.1288 • 601.359.6295 - fax  
www.dmh.ms.gov

DMH's 24-Hour Helpline 1-877-210-8513

